

Remove-from-sport protocol summary



REMOVE: A suspected concussion has been identified and player is removed from play. Head coaches hold the final decision to remove players with a suspected concussion

REPORT: Head coach completes *Suspected Concussion Report Form* and provides a copy to:

Parent/Guardian AND recommend they see a medical doctor/nurse practitioner immediately

TSA Office:
tsaleagues@torontosoccer.net

REFER: *Seeing a medical doctor or nurse practitioner for medical assessment

If player is experiencing any general concussion symptoms:

Physical: Headaches, nausea, dizziness, sensitivity to light and noise

Mental: Fogginess and difficulty thinking, feeling slowed down, difficulty concentrating and remembering

Sleep: Sleeping more or less than usual, difficulty falling asleep and staying asleep

Emotional and Behavioural: Sadness, anger, frustration, nervousness/anxious, irritable

If player is experiencing any 'Red Flag' Symptoms:

- Severe or increasing headache
- Double vision
- Weakness or tingling/burning in arms/legs
- Neck pain or tenderness
- Loss of consciousness
- Deteriorating conscious state
- Seizure or convulsion
- Repeated vomiting
- Increasingly restless, agitated or combative

This includes: Family Physician, Pediatrician, Sports-Medicine Physician, Physiatrist, Neurologist or Nurse Practitioner. **Documentation that does not fit this criteria will not be accepted**

Schedule an appointment as soon as possible with a medical doctor/nurse practitioner. * **Go to nearest Emergency Department if 'Red Flag' symptoms appear**

Call 911 immediately to go to nearest Emergency Department

ASSESSMENT: Was a concussion diagnosis received at medical or emergency appointment?

Parent sends medical documentation of diagnosis to head coach who will send to TSA office

Yes

No

Parent monitors for 24-48 hours in case symptoms appear or worsen

Parent sends medical documentation of no diagnosis head coach

Head coach to send to TSA office prior to player returning to play.

RECOVER: Enter Stage 1 of *Return to Play Protocol*

Recommended medical diagnosis template:

[Canada Soccer Concussion Assessment Medical Report](#)