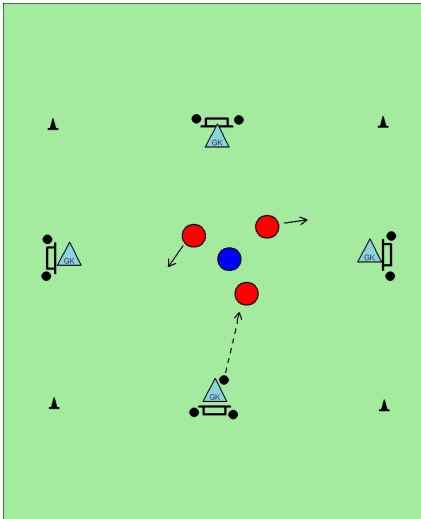




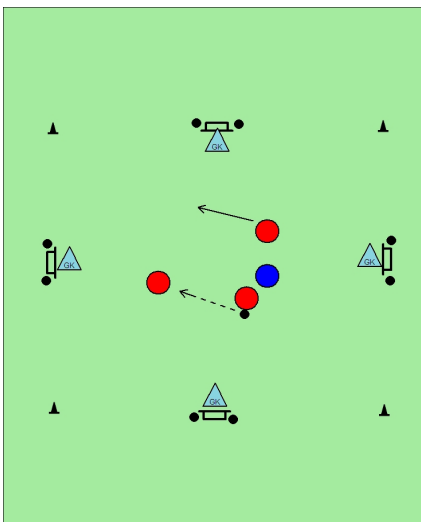
4 goal shootout



How it works

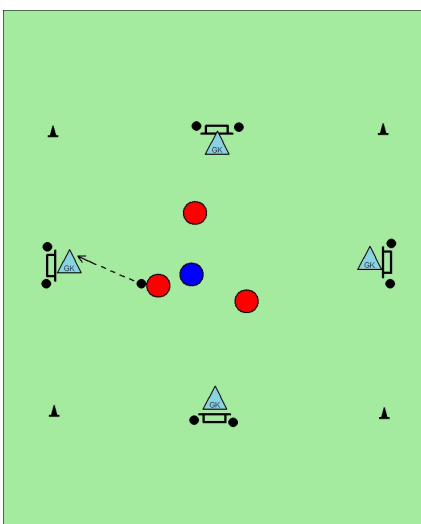
4 goal game with a GK in each goal and 3 v 1 in the middle of the playing area of approx. 20 - 30 metres square depending on age of players.

GK starts the game by passing a ball in to one of the attacking players.



Attacking players try to combine to create scoring opportunities.

Red team must attempt to score in a different goal from which the first pass came.



Play then restarts from the goal into which a shot was taken.

Have some balls ready close to the goal to keep the play moving if a shot is missed.

Change GKs for other players after a few rounds.

Possible changes

Play 3 v 2 in the middle to make it harder for the attacking team.